

Pensacola Wellness Solutions
Dr. Kenneth Mitchell
(850) 791-6010

POST-IMPLANT INSTRUCTIONS

Leave the pressure bandage on for at least two (2) hours (paper tape and gauze). The foam tape underneath should be removed in two (2) days. The steri-strip should be left on and will naturally fall off a few days after the foam tape is removed.

Do not take a bath; get into a hot tub or swimming pool for two (2) days. You may shower, but do not scrub the site until the incision is well healed (about seven days).

The sodium bicarbonate in the anesthetic may cause some local swelling at insertion site for 1-3 days. Do not worry This is normal.

The site may be uncomfortable for 5-10 days.

You will need to repeat blood work (testosterone and estrogen) in 4 weeks. If estrogen levels are too high, you will then be placed on an anti-estrogen medication. Dr. Mitchell will discuss options based on your levels and symptoms.

Signs or symptoms of infection include fever, the development of a hard painful lump, unusual discharge (pus) draining from the insertion site or persistent bleeding. Please call our office immediately @ 850-791-6010

Labs will need to be performed in 5 weeks after pellet implant. You should have either an appt to return for your follow up labs, or have a lab slip that allows you to go to the lab of your choice. If you are leaving with a lab slip, please call our office to let us know where and when you had your lab work performed so that we may retrieve those results.